APPENDIX E.

Bodily Health

- Do you often cook yourself? Will you mind the nutrient balance?

- Do you often exercise?

- Do you often sleep well?

Bodily Health

- How often do you do the clean-up for your house? How do you do it? (e.g. By hand? Cleaning robots?)

- Do you like doing home-improvement? (e.g. Decoration? DIY funitures?)

Senses, Imagination, Thoughts

- Do you think it's important to keep up with what's happening around you by reading news or other means?

Senses, Imagination, Thoughts

- Do you like talking about your opinions with others?

- Do you like express your thoughts through creative activities (e.g. writing, painting, singing, making artistic works, etc.)?

Bodily Integrity

- Do you often go on trips?

- Do you feel free and safe to travel anywhere you want?

Play

- What are your hobbies? Are they new hobbies or old hobbies you've kept for a long time?

- What do you like to do for leisure?

Practical Reason

- Do you think you have a standard for doing or not doing certain things? (i.e. judge what's good/right and what's bad/wrong)

- Do you often reflect on your life and yourself?

Control Over One's Environment

- Do you feel free to make your voice heard publicly?

- Do you feel secure financially?

Emotion

- How do you stay connected with your **family** (e.g. sons/daughters, grandsons/grandauters)? What activities do you often do together?

- Do you express your feelings (e.g. love, care, longing, anger) to them? How?

Technology

- Pick 1-3 smart devices or digital applications you use in daily life.

- What do you think about it? (e.g. annoying? helpful?)

Challenging

Affiliation

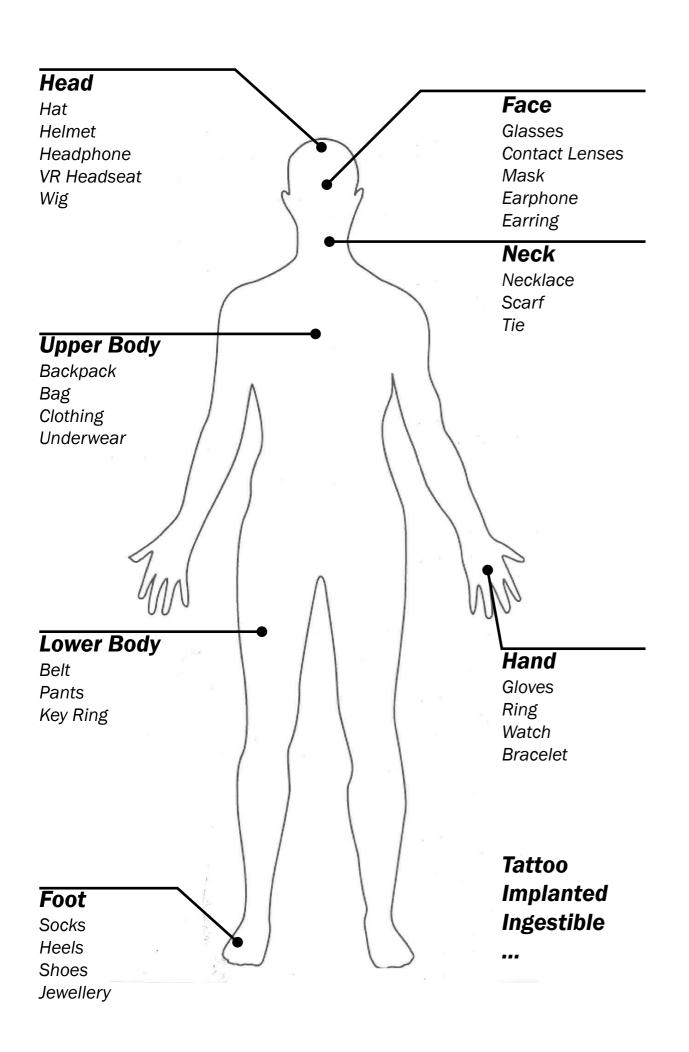- How do you stay connected with your **friends**? What activities do you often do together?

- Do you often laugh with your freinds when they're happy and cry with them when they're sad?

Other Species

- Do you like living with concern for and in relation to other species like plants or animals?

- Do you like being connected to the world of nature?

Desired

Enjoyable

APPENDIX F.

Left panel — Body diagram

Head
Hat
Helmet
Headphone
VR Headseat
Wig

Face
Glasses
Contact Lenses
Mask
Earphone
Earring

Neck
Necklace
Scarf
Tie

Upper Body
Backpack
Bag
Clothing
Underwear

Hand
Gloves
Ring
Watch
Bracelet

Lower Body
Belt
Pants
Key Ring

Tattoo
Implanted
Ingestible
...

Foot
Socks
Heels
Shoes
Jewellery

Right panel — Function cards

Monitor Bodily Data
(e.g. heartbeats, blood pressure, mood)

Visualise and Present Data
(e.g. privately or publicly)

Receive and Send Messages/Signals
(e.g. stay connected with others, SOS signal)

Haptic Notification

Enhance Beauty

Customized Forms and Shapes

Contextual Intelligence
(e.g. signal danger, task reminder, instant translation)

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